DIABETES MANAGEMENT IN THE SCHOOL SETTING
(Formerly 2009 Blood Glucose Monitoring)

STATEMENT

The California School Nurses Organization (CSNO) asserts that the Credentialed School Nurse is the only school staff member who has the skills, knowledge, and legal authority to fully meet the healthcare needs of students with diabetes in the school setting. Each student with diabetes is unique with regard to his/her disease process, developmental and intellectual abilities, and required level of assistance with diabetes management. CSNO supports self-management of diabetes, while considering the individual status of each student along with the development of an Individualized School Health Plan (ISHP), developed by the Credentialed School Nurse with the input from the family and their health care provider to allow successful monitoring, if appropriate. The goal of the ISHP is to provide the student with normal growth and development, positive mental health and academic success while minimizing episodes of both hypoglycemia and hyperglycemia.

The plan developed should assure that:

- Classroom teachers are provided with education regarding the necessity and parameters for blood glucose monitoring. The Credentialed School Nurse will assist the student with diabetes to arrange for monitoring in the safest and least obtrusive way.
- If possible, the blood glucose monitoring will be administered in an area away from other students.
- Universal precautions must be utilized at all times.
- Students with diabetes will be allowed to carry food that is appropriate to reverse hypoglycemia.
- Obvious disregard for universal precautions, non-compliance or possible health threat to other students may result in withdrawal of planned classroom blood glucose monitoring.

RATIONALE

The California School Nurses Organization asserts that the Credentialed School Nurse is in a unique position to develop and coordinate implementation of an individualized health plan for a student with diabetes involving the student, parents, health care providers, teachers, and all other school personnel with the goal of assisting the student to become a productive and healthy individual. Students with diabetes should be able to take full advantage of every school opportunity, from academic preparation to participation in sporting and social events in the least restrictive environment in an effort to promote optimal control and prevent long-term

(Position statement continued on next page)
complications of hyperglycemia (high blood glucose levels) and complications of acute hypoglycemia (low blood glucose levels).

In order to encourage this philosophy, the California School Nurses Organization recommends that, when appropriate and when students so desire, they be encouraged to monitor their blood glucose levels and manage their diabetes in the classroom.

References:


Adopted: 1998, Revised November, 2009, Revised and name changed from Blood Glucose Monitoring November 2012, Board of Directors, California School Nurses Organization