Health Information
Risk of Coronavirus transmission in the United States is LOW as of 2/28/2020

**SYMPTOMS**
- FEVER
- COUGH
- SHORTNESS OF BREATH

**IF YOU ARE SICK**
- STAY AT HOME
- AVOID CONTACT WITH OTHERS
- COVER YOUR NOSE AND MOUTH WHEN SNEEZING
- KEEP OBJECTS AND SURFACES CLEAN
- WEAR A MASK

**PREVENTION**
- WASH HANDS WITH WATER AND SOAP/SANITIZER, AT LEAST 20 SECONDS
- AVOID CONTACT WITH SICK PEOPLE
- DON'T TOUCH EYES, NOSE OR MOUTH WITH UNWASHED HANDS

**TRAVEL ADVICE**
- AVOID TRAVELLING TO AFFECTED AREAS UNLESS NECESSARY
- MAKE SURE YOU HAVE ALL NECESSARY VACCINATIONS AND TRAVEL MEDICATION
- SEEK ADVICE FROM YOUR HEALTHCARE PROVIDER
- DON'T TRAVEL IF YOU HAVE FEVER AND COUGH
- IF YOU BECOME SICK WHILE TRAVELLING SEEK MEDICAL CARE IMMEDIATELY

If you have recently visited *affected geographic areas* and are exhibiting symptoms, **phone your healthcare provider** for instructions.

*Check the CDC travel webpage for current affected geographic areas: https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html

**People should not be excluded from activities based on their race or country of origin.**


Adapted from Dayton & Montgomery County Public Health, 2/28/2020

For the latest guidance for returning travelers visit www.cdc.gov