February 26, 2020

To: San Joaquin County Schools

From: Maggie Park, MD, Interim Health Officer

Subject: COVID-19 Prevention Measures

Dear San Joaquin County Schools,

The Centers for Disease Control and Prevention (CDC), as part of their prevention guidelines for COVID-19, has made the following recommendations in regards to handwashing:

"Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.

If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty."

In the case of classrooms that do not have access to soap and water, it is recommended that you provide hand sanitizer.

Sincerely,

Maggie Park, MD

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